



PSHE Knowledge Organiser

All About Me

Year EYFS
Term Spring 1



What makes me unique and how are my new class mates the same/different to me?



Identity and Diversity

Knowledge

- *We share similarities and differences as children and families- interests, beliefs, backgrounds and appearance.
- *Bullying is when unkind things happen/ are said on purpose and often.
- * If someone is unkind I need to tell a trusted adult.

Li: I feel good about the ways we are the same and different



Awareness

It is normal to get on better with some people than others.
 It is normal to sometimes fall out with friends.
 You may not always win when you play games and that is OK.
 We will learn ways to help calm down.

Mood Meter and Emotions

We will learn more words to describe how we feel- disappointed, embarrassed, anxious, frustrated etc. and learn how to explain how we feel using the mood meter colours.

Kindness

- We are all responsible for the words we say and our actions- think before you act. Would you like it said/ done to you? If no, stop.

Vocabulary Tier 1

Friend, kind, play, happy, sad, cross, family



Vocabulary Tier 2

Equal, interests, similarity, difference, wider range of emotional vocabulary, class charter, falling out, compromise.

