

How to manage conflict

- To learn strategies and approaches for collaboration within and outside the classroom.
- To learn how the way we think affects the way we feel.
- To understand why people behave and how people's behaviour affects the way others feel during conflict.
- To develop conflict resolution skills, such as negotiating, compromising, giving and taking.
- To explain the different stages in the Conflict Resolution Circle.



Understanding emotions

How to help ourselves and others

- To recognise how it feels to be in a new situation and what strategies can be used to manage those emotions.
- To know to help people to feel welcome and support those who need help.



Vocabulary Tier 2

beginning, healthy, benefits, conflict, support, emotions, help, peers, friendships, strategies, take and give, listen, trust

Vocabulary Tier 3

Negotiation, mediation, networks, resolve, win-win, compromise

Support Networks

Trusted people to speak to.

Childline: 0800 1111

Wellbeing toolkit:
www.childline.org.uk/toolbox/

