

Conflict

A conflict is where two or more persons have a strong disagreement or argument. This can last for a long period of time and it can sometimes result in someone getting physically hurt.

Why do they happen?

Conflicts happen when people disagree with each other or have different ideas from each other. This can happen between friends in school or when you are playing with friends outside of school or with your brother or sister at home.



What is conflict resolution?

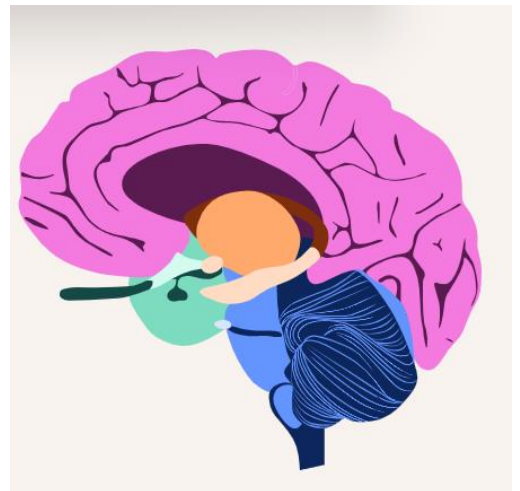
Conflicts, fights or arguments can happen at any time and this is quite normal. So it is important to learn how to resolve them so we can be friends again.

We need to learn to negotiate and understand how others are feelings and why they might be feeling differently from us.

Emotions

We feel many emotions during the day. When there are conflicts so of these emotions stop us from making good decisions.

It is important to recognise the emotion we are feeling and to find ways to make ourselves feel calmer, for example using MindUp and our breathing exercises.



Vocabulary Tier 2

differences, communities, unique, background, interests, equally

Vocabulary Tier 3

Resolution, conflict, responsibility, compromise

